FOINHSD26/1924

NHS Devon
Aperture House
Pynes Hill
Rydon Lane
Exeter
EX2 5AZ

d-icb.foi@nhs.net

Tel: 01392 205205

Dear,

Re: Request for information under Freedom of Information Act 2000

Thank you for your request under the Freedom of Information Act 2000.

NHS Devon Integrated Care Board (ICB) is confirming in accordance with Section - (1) (a) of the Act, whether it holds the information requested and (b) is supplying it unless otherwise specified.

You requested the following information.

> **I am researching how breathwork services are commissioned, referred to, or funded through social prescribing and community wellbeing schemes in the NHS.**
>
> **Specifically, I would be grateful for the following:**
>
> 1. **Whether the ICB/Trust, or any social prescribing link worker service it commissions or oversees, has referred patients to, funded, or maintained an approved-provider list including any breathwork provider, practitioner, or organisation, from January 2019 to date.**
> 2. **If so, the name(s) of the provider(s), the nature of the activity commissioned or referred to (e.g. relaxation/breathing classes vs Conscious**
> 3. **Connected Breathing or Holotropic-style sessions), and the total spend, if any.**

4. **Any safeguarding, DBS, insurance, or accreditation checks required of breathwork providers before referral or commissioning, and the policy document setting these out.**
5. **Any recorded patient complaints or safety concerns relating to a breathwork referral or commissioned service.**

Response

NHS Devon does not directly fund breathwork service via any sort of Voluntary, Community and Social Enterprise (VCSE) commissioning at NHS Devon. We have checked with JOY (our social prescribing app provider) and there have been no specific referrals via Social Prescribers to breathwork services although it is important to note that currently only 75% of Social Prescribers use JOY to manage their casework.

Overall, we do not maintain a specific budget or commission this work. Patients may choose to fund such services on an individual basis via a Social Prescribing referral or Personal Health Budget route, but we do not have any specific examples of this that we are aware of.

Satisfaction

We trust this matter has been dealt with to your satisfaction but if there is anything you need clarifying, please do not hesitate to contact the office on 01392 205205 or emailing d-icb.foi@nhs.net Please remember to quote the reference number at the top of this letter in any future communications.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision or make a complaint, you can write to the office and arrangements will be made for an independent review. You can write directly to the NHS Devon Chief Executive Officer if you prefer using the "contact us" details displayed on the NHS Devon website.

If you remain dissatisfied with the outcome of the independent review, you have the right to appeal again to the Information Commissioner at:
Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF
Tel: 01625 545 700
Fax: 01625 524 510

Yours sincerely,

The Freedom of Information Office
NHS Devon Integrated Care Board