NHS
Cornwall and Isles of Scilly

Freedom of Information Act 2000
NHS Cornwall and Isles of Scilly Integrated Care Board's response to information request

Date request received: 10 July 2026
FOI ref: 107580
Date response sent: 04 August 2026

Requested information

I am writing to request information under the Freedom of Information (FOI) Act relating to Black maternal mental health in England. I would like to clarify that these questions relate to the Integrated Care Board (ICB) as it is now and any predecessor ICBs within its geographical area.

Questions

In each of the last three years (2023-2026):

1. How many services have been commissioned by your organisation to specifically support Black maternal mental health?
    - What type of support is provided by these services?
    - How does your organisation currently signpost to or commission any Voluntary Community and Social Enterprise (VCSE), community-led or culturally specific services supporting Black mothers during pregnancy, birth or the postnatal period?
    - How are these services evaluated and what does the evaluation show?
2. How does your organisation and maternity services collate data on the specific perinatal mental health experiences and needs of Black mothers?
    - What does this data show, and how frequently is it collated?
3. Has your organisation commissioned maternity-specific cultural competency or anti-racism training, to be delivered to clinical staff (including, but not limited to, midwives, obstetricians, and maternity support workers) specifically targeted to aid understanding of and support Black mothers facing mental health difficulties?

    If yes,
    - What did the training cover?

- Who delivered the training, and was this delivered by a specialist organisation with expertise in Black maternal health, perinatal mental health and lived experience?
- Was the training co-created with Black mothers, Black women with lived experience, or community-led organisations?
- When was the training delivered and how frequently?
- How many staff received the training?
- What gaps were identified in culturally responsive training or support for Black mothers, does your organisation have plans to commission or develop provision in this area?
- How is the training evaluated and what does the evaluation show?
- What criteria does your organisation use to assess whether training or services are culturally competent, trauma-informed and appropriate for Black mothers?

Response

In each of the last three years (2023-2026):

1. How many services have been commissioned by your organisation to specifically support Black maternal mental health?
    - What type of support is provided by these services?
    - How does your organisation currently signpost to or commission any Voluntary Community and Social Enterprise (VCSE), community-led or culturally specific services supporting Black mothers during pregnancy, birth or the postnatal period?
    - How are these services evaluated and what does the evaluation show?

There is not a service specifically or exclusively for black maternal mental health in Cornwall. However the service does collate information in respect of all protected characteristics under the Equality Act 2010 for people who use the service. Perinatal mental health is delivered in Cornwall and Isles of Scilly by Cornwall Partnership NHS Foundation Trust. Information on this service may be found here - Perinatal mental health team.

2. How does your organisation and maternity services collate data on the specific perinatal mental health experiences and needs of Black mothers?

    - What does this data show, and how frequently is it collated?

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NHS Cornwall and Isles of Scilly Integrated Care Board does not hold this information. You may wish to direct your enquiry to Cornwall Partnership NHS Foundation Trust - cpn-tr.freedomofinformation@nhs.net

Attachment(s)

None